

Bullying Behavior Chart

Level One

Physical Bullying <i>Harm to someone's body or property</i>		Emotional Bullying <i>Harm to someone's self-esteem or feeling of safety</i>		Social Bullying <i>Harm to someone's group acceptance</i>	
Verbal	Nonverbal	Verbal	Nonverbal	Verbal	Nonverbal
Expressing physical superiority	Making threatening gestures	Insulting remarks	Giving dirty looks	Gossiping	Ignoring someone and excluding them from a group
Blaming the victim for starting the conflict	Defacing property	Name Calling	Holding nose or other insulting gestures	Starting or spreading rumors	
	Pushing/Shoving	Teasing about possessions, clothes, physical appearance		Teasing publicly about clothes, looks, relationships with boys/girls, etc.	
	Taking small items from others				

Level Two – Some of these behaviors are against the law, District personnel will contact the GTPD

Physical Bullying <i>Harm to someone's body or property</i>		Emotional Bullying <i>Harm to someone's self-esteem or feeling of safety</i>		Social Bullying <i>Harm to someone's group acceptance</i>	
Verbal	Nonverbal	Verbal	Nonverbal	Verbal	Nonverbal
Threatening physical harm	Damaging or stealing property	Insulting family	Defacing school work or other personal property	Ostracizing using notes, Instant Messaging, e-mail, etc.	Playing mean tricks to embarrass someone
	Starting fights or assaulting	Harassing with phone calls	Saying someone is related to a person considered an enemy of this country (e.g., Osama bin Laden)	Posting slander in public places	
	Scratching or biting	Insulting your size, intelligence, athletic ability, race, color, religion, ethnicity, gender, disability or sexual orientation			
	Pushing, tripping or causing a fall				

Level Three – Most of these behaviors are against the law, District personnel will contact the GTPD

Physical Bullying <i>Harm to someone's body or property</i>		Emotional Bullying <i>Harm to someone's self-esteem or feeling of safety</i>		Social Bullying <i>Harm to someone's group acceptance</i>	
Verbal	Nonverbal	Verbal	Nonverbal	Verbal	Nonverbal
Making repeated and/or graphic threats (harassing)	Destroying property	Harassing you because of bias against your race, color, religion, ethnicity, gender, disability or sexual orientation	Destroying personal property	Enforcing total group exclusion against someone by threatening others if they don't comply	Arranging public humiliation
Practicing extortion (such as taking lunch money)	Setting fires		Writing graffiti with bias against your race, color, religion, ethnicity, gender, disability, or sexual orientation		
Threatening to keep someone silent: "If you tell, it will be worse!"	Physical cruelty				
	Repeatedly acting in a violent, threatening manner				
	Assaulting with a weapon				

Source: US Department of Education. *Exploring the Nature and Prevention of Bullying*. Washington, DC: Office of Safe & Drug Free Schools.

